

SCUSD EXPANDED LEARNING ONLINE RESOURCES

COVID-19 INFORMATION

[John Hopkins Database](#)
[Center for Disease Control](#)
[World Health Organization](#)
[CA Dept. of Ed. Info](#)
[Spreading Information Online](#)
[SCUSD Information](#)

STAFF ENGAGEMENT

[Mixed Projects and Resources](#)
[CA Region 5 Database](#)
[Kid Grit - Pandemic Crisis Guide](#)
[Free Online Professional Learning & Workshops](#)
[National Afterschool Association Resources](#)
[History of After School](#)
[Digital Promise Database](#)
[Google Education Database](#)
[Partnerships for Youth & Children](#)
[Expanded Learning Toolkit](#)
[CA After School Network STEM](#)
[Culturally Responsive Ed.-Remote Learning](#)
[Culturally Responsive Ed. - Action Toolkit](#)

COMMUNITY RESOURCES

[SCUSD Support for Families](#)
[SCUSD Free Meal Locations](#)
[Resources for Undocumented Californians](#)
[First 5 California](#)
[City of Sacramento Resources](#)
[Weave Inc.](#)

PARENT RESOURCES

[Talking to children about COVID-19](#)
[Distance Learning Overview](#)
[Reading is Fundamental - Literacy](#)
[Online Art Lessons](#)
[SAC Virtual Library](#)
[Remote Learning Guidance](#)
[SCOE Ed. Resources](#)
[Discovery Museum](#)
[Social Narrative for Autism](#)
[Kennedy Center Education - Arts](#)
[Deck Toys - Online Board Games](#)
[Read to Lead- Literacy Games](#)
[PBS Database](#)
[100 + Projects and Resources](#)
[Scholastic](#)
[Teaching Mindfulness to Kids](#)
[USDA Choose My Plate](#)

PHYSICAL ACTIVITY

[Action for Healthy Kids](#)
[Guided Mindfulness Exercises for Kids](#)
[Physical Activity Ideas Twin Cities](#)
[16 Exercise Games for Kids](#)
[25 Indoor Exercise Activities for Kids](#)
[We Are Teachers - Virtual PE](#)
[B-boy & B-Girl Break Dance Lessons](#)
[Hip Hop Dance Choreography for Kids](#)

MENTAL HEALTH

[Managing Stress & Anxiety](#)
[NAMI COVID-19 Resource Guide](#)
[Mental Health America](#)
[WHO - Response & Accommodations](#)
[American Psychological Association- Pandemics](#)